Learning About Peace Through Sport

What is PEACEBUILDING?
It is an entire range of actions designed to build a culture of peace. At the core of any peacebuilding action lies the human aspect. When people acknowledge the humanity of others and their relational inter-connectedness and mutuality, a culture of peace is forged.

What is the role of SPORT?
Sport can help to create and forge human interactions and improve relations between conflicting parties. Therefore, sport and peacebuilding together imply the core value of developing quality of relationships and strengthening people’s capacity to manage conflict and social issues in non-violent ways.

Why sport for PEACE?
Sport is a powerful tool to strengthen social ties and networks, and to promote ideals of peace, fraternity, inclusion, non-violence and equality. The practice and values of sport enables people to end cycles of violence and exclusion and to move towards more sustainable peaceful relationships.
How does sport contribute to build a culture of peace?

- **Serving as universal language**
  People around the world are attracted to sport. This attraction can transcend religious, cultural, political and linguistic differences, creating a universal language.

- **Connecting people**
  Sport is an inherently social process that can bring individuals together to work towards common goals.

- **Promoting human rights**
  Sport teaches social values such as respect, tolerance, inclusion, teamwork and fairness as it helps to create a culture based on peaceful values and human rights.

- **Tool for diplomacy**
  At the international level, it can be used as a tool for diplomacy as it can help to rebuild and strengthen relations between states and high-ranking leaders.

- **Fostering social business**
  Sport combined with a social business approach can help entrepreneurs, companies and athletes to work together on societal issues.

- **Holistic and cross-cutting nature**
  Sport can help achieving the 17 Sustainable Development Goals and address a broad range of social, economic and environmental challenges, including health issues, youth development, education, gender equity and economic development.

**Watch some historical moments of the peace through sport movement.**